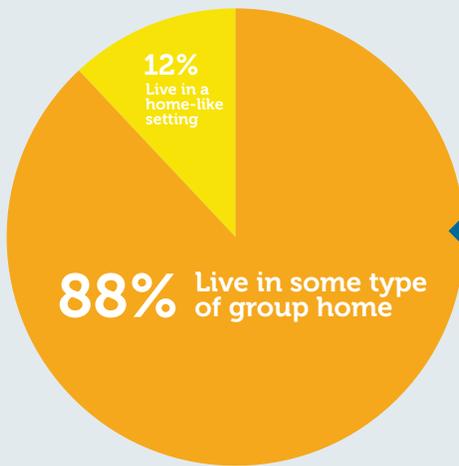


# THE TROUBLING REALITY for at-risk youth in foster care.

**1000 YOUTH** (Age 13-18)  
are in foster care in **Nebraska**

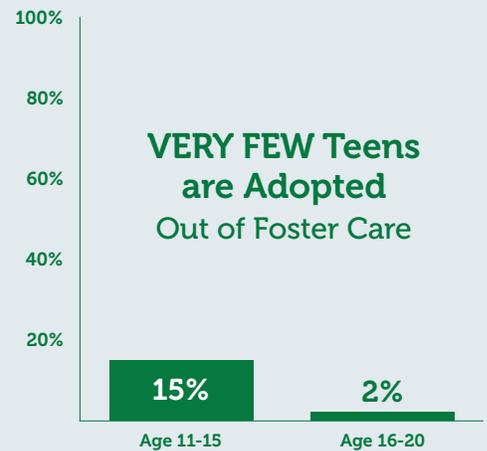
**80%** have a mental health or  
trauma-related condition

Foster teens identify with rejection from family and grow up wondering what a family looks like.



"Every time I go to a new foster family, they want me to know how to act. But how can I know if I never get the chance to be part of a family?"

- Carmen  
Foster Youth (Omaha)



Life is an uphill battle for these at-risk youth in foster care.

"I remember when my mother was in and out of jail and I was being bounced around from one house to another... All I wanted or needed was to feel wanted and needed."

- Survey Respondent, The Mentoring Effect

**57%**

have been  
incarcerated  
by age 17

**33%**

do not complete  
high school or  
GED by age 19

**20%**

have a child by age 19



**WE BRING HOPE**



**WE BRING HOPE**  
TO AT-RISK YOUTH IN FOSTER CARE  
through camp and mentoring programs.

## FIRST CAMP in Lancaster County launches **SUMMER 2019**

**GIRLS CAMP** July 12-14, 2019

**BOYS CAMP** August 2-4, 2019

**48** Total Campers

**60** Adult Volunteers

**3** Days of New Experiences

Camps are designed to give foster teens a place to belong.

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### **Year Long Mentorships**

Each teen develops a consistent, positive relationship with an adult who cares.

"No matter how many times I say thank you, it will never be enough. I can't believe all the cool people who run the camp, taking time out of their busy schedule to hang out with a bunch of teenage foster kids like me so we can go to camp. This camp will change my life forever."

- Jeffrey

"Thank you for making me feel like I'm special and no one can take my place. I also thank you for making me feel beautiful. I haven't felt that way in a long time. Thank you for all the fun and spending time with me."

- Ginny

## **ENDORSEMENT**

"TRAC is not only well organized and well run, but provides positive memories and experiences for youth who need them. Each camp offers at-risk kids a chance to do things they don't normally get to do - fish, horseback ride, camp and hike. Most of all, these camps provide a confidential and safe atmosphere for children who, in many cases, would not be able to attend a camp because of behavioral or medication issues. Through your support more of our children can attend Teen Reach Adventure Camp."

- C.G., Resource Developer for Child Welfare Services

